Cycle A 2022/2023 year 3 /4

	Autumn Term 1	Autumn Term 2	Spring Term	Summer Term
	Topic 1	Topic 2	Topic 3	Topic 4
	Romans on the Rampage	Down Under	Land of the Sun	Extreme Earth
	G- Positivity S- Resourcefulness	B- Creativity A- Respect	D-Aspirations E -Teamwork	D- Curiosity Y-Resilience
		Engl	lish	
bre	ructions - Explore making Roman ad, Roman shields etc. rative – Myths Romulus and Remus	Narrative - Wombat goes walk about. Non-chronological reports Australian animals	Recount - Howard Carter Persuasion Adverts for Egyptian houses	Narrative - Escape from Pompeii Poetry Haiku – Japan
	 Key Text: Gladiator Clash Diary of a Roman Soldier Year 4 Escape from Pompeii Julius Caesar 	 Key Texts: Wombat goes walk about. Just So Stories Yr 4 Five on a treasure Island 	 Yr 3 1. Key Texts: Marcy and the riddle of the sphinx 2. There's a pharaoh in my bath Yr 4 Secrets of the sun King 	 Key Texts: Escape from Pompeii The street beneath my feet Large Class Book on school near a volcano Yr 4
		Mat	ths	
Y3	Place value Addition and subtraction	Addition and subtraction Multiplication and division Length	Fractions and decimal Money Statistics	Time Geometry Weight and volume
Y4	Place value Addition and subtraction	Multiplication and division Measurement	Fractions and decimal Measurement - money and time	Statistics Geometry
		Sciel		
Ide	ctricity ntify common appliances that run electricity- safety	Food and Digestion Identify that animals, including humans, need the right types and amount of nutrition, and that they	Living things and Habitats Recognise that living things can be grouped in a variety of ways	States of Matter Compare and group together different kinds of rocks on the basis

Construct a simple series electrical circuit, identifying and naming its basic parts, including cells, wires, bulbs, switches and buzzers. Identify whether or not a lamp will light in a simple series circuit, based on whether or not the lamp is part of a complete loop with a battery. Recognise that a switch opens and closes a circuit and associate this with whether or not a lamp lights in a simple series circuit. Recognise some common conductors and insulators, and associate metals with being good conductors. Gather, record, classify and present data in a variety of ways to help in answering questions.	cannot make their own food; they get nutrition from what they eat. Describe the simple functions of the basic parts of the digestive system in humans. Identify the different types of teeth in humans and their simple functions.	Explore and use classification keys to help group, identify and name a variety of living things in their local and wider environment. Recognise that environments can change and that this can sometimes pose dangers and have an impact on living things. Use straightforward scientific evidence to answer questions or to support his/her findings.	 of their appearance and simple physical properties. Compare and group materials together, according to whether they are solids, liquids or gases. Observe that some materials change state when they are heated or cooled, and measure or research the temperature at which this happens in degrees Celsius (°C). Make systematic and careful observations and, where appropriate, take accurate measurements using standard units, using a range of equipment, including thermometers and data loggers. Identify the part played by evaporation and condensation in the water cycle and associate the rate of evaporation with temperature. Identify differences, similarities or
			Identify differences, similarities or changes related to simple scientific ideas and processes.
	Histo	ory	· · ·
Use an increasing range of common		, Use an increasing range of common	
words and phrases relating to the			
		words and phrases relating to the	

Place some historical periods in a chronological framework. (Chronological understanding)		Place some historical periods in a chronological framework. (Chronological understanding)	
Use sources of information in ways that go beyond simple observations to answer questions about the past.		Use historic terms related to the period of study- ancient	
Use a variety of resources to find out about aspects of life in the past. (Historical enquiry		Use sources of information in ways that go beyond simple observations to answer questions about the past.	
Understand that sources can contradict each other. (Historical interpretations- different points of		Show understanding of some of the ways in which we find out about the past and identify different ways in which it is represented	
view on invasions Communicate his/her learning in an organised and structured way, using		Use a variety of resources to find out about aspects of life in the past. (Historical enquiry	
appropriate terminology. (Organisation and communication		Understand that sources can contradict each other. (Historical interpretations	
		Communicate his/her learning in an organised and structured way, using appropriate terminology.	
	Geogr		
Identify where countries are within Europe; including Russia.	Recognise the different shapes of continents.	Explore weather patterns around parts of the world.	Locate key rainforests from across the world and know about their importance.

Name and locate the cities of the UK.	Demonstrate knowledge of features	Recognise that people have differing	Develop an awareness of how places
(Locational knowledge)	about places around him/her beyond	quality of life living in different	relate to each other.
	the UK.	locations and environments.	
Use four figure grid references.			Make plans and maps using symbols
	Explore weather patterns around parts	Explain about key natural resources	and keys Japanese school and
Describe human features of UK	of the world.	e.g. water in the locality eg.	island
regions, cities and /or counties (eg.		importance of the Nile.	
Chester, York, Bath)	Understand why there are similarities		Identify physical and human features
	and differences	Understand and use a widening range	of the locality including volcanoes.
Know how the locality is set within a	between places- varying conditions	of geographical terms e.g. specific	
wider geographical context eg. natural	within Australia.	topic vocabulary - meander,	Analyse evidence and draw
springs in bath.		floodplain, location, transport,	conclusions such as make
	Analyse evidence and draw	settlement, water cycle etc.	comparisons between locations
	conclusions such as make comparisons		using aerial photos/pictures.
	between locations using aerial	Know about the wider context of a	(Geographical skills and fieldwork
	photos/pictures.	place – region, country.	
			Recognise that people have differing
	Recognise that people have differing	Use and interpret maps, globes,	quality of life living in different
	quality of life living in different	atlases and digital / computer	locations and environments.
	locations and environments.	mapping to locate countries and key	
		features.	Describe how people have been
	Describe how people have been		affected by changes in the
	affected by changes in the		environment. (Human and physical
	environment		geography
	Explain about key natural resources		
	e.g. water in the locality.		
	Use basic geographical vocabulary		
	such as ocean, valley, vegetation, soil,		
	gorge, port, harbour		
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	Use and interpret maps, globes, atlases and digital / computer mapping to locate countries and key features. Understand the effect of landscape features on the development of a locality.		
	Art &	DT	
Create different effects by using a variety of tools and techniques- shading and shapes Understand and identify key aspects such as complementary colours, colour as tone, warm and cold colours Know about some of the great architects and designers in history and describe their work- Roman houses , weapons, fashion, chariots, mosaics and coins xplain what he/she likes or dislikes about their work DT Understand and use electrical systems in products- sci link	Experiment with different materials to create a range of effects and use these techniques in the completed piece of work- animal skin/ fur Explain what he/she likes or dislikes about their work Create different effects by using a variety of tools and techniques such as bleeds, washes, scratches and splashes Understand and identify key aspects such as complementary colours, colour as tone, warm and cold colours Creating mood by selecting colour- water colours	Printing - Create printing blocks using relief or impressed techniques Describe some of the key ideas, techniques and working practices of artists, architects and designers who he/she has studied Creating mood relating to Howard Carter story Use taught technical skills to adapt and improve his/her work- 3D models Mother's day – Egyptian jewellery Articulate how he/she might improve their work using technical terms and reasons as a matter of routine DT Food groups Farming	Fabric - Add detail to work using different types of stitch, including cross-stitch Print on fabrics using tie-dyes or batik Describe some of the key ideas, techniques and working practices of artists Hokusai / the great wave book DT Create designs using annotated sketches, cross-sectional diagrams – sewing and clay Safely measure, mark out, cut, assemble and join – sewing and clay Investigate and analyse existing products and those he/she has made, - Egyptian necklace Consider how existing products and his/her own finished products might
Create designs using annotated sketches- roman mosaics Safely measure, mark out, cut, assemble and join with some accuracy mosiaics/ shields			be improved Egyptian necklace Use knowledge of existing products to design his/her own Egyptian necklace

Plan out a process – mosaics Strengthen and explore own ideas chariots			Make suitable choices from a wider range of tools and unfamiliar materials and plan out the main stages of using them- sewing
	IC		
E-Safety	Computers	Networks	Coding
Use technology safely and respectfully,	Recognise familiar forms of input and	Understand that computer networks	Design, write and debug programs
keeping personal information private	output devices and how they are used	enable the sharing of data and	that control or simulate virtual
		information	events
Use technology safely and recognise	Make efficient use of familiar forms of		
acceptable and unacceptable	input and output devices	Understand that the internet is a large	Use logical reasoning to explain how
behaviour		network of computers and that	some simple algorithms work
	Use other input devices such as	information can be shared between	
Use technology responsibly and	cameras or sensors	computers	Decompose programs into smaller
understand that communication online			parts
may be seen by others	Using a computer	Understand what servers are and how	
		they provide services to a network	Use logical reasoning to detect and
Understand where to go for help and	With support select and use a variety		correct errors in algorithms and
support when he/she has concerns about content or contact on the	of software to accomplish goals	Internet searching	programs
	With support calent and use a variaty	Understand how results are selected	Coloct use and combine a veriety of
internet or other online technologies	With support select and use a variety of software on a range of digital	and ranked by search engines	Select, use and combine a variety of software, systems and content that
	devices	and ranked by search engines	accomplish given goals
	devices	Use simple search technologies	
	With support select, use and combine	ose simple search technologies	
	a variety of software on a range of	Use simple search technologies and	
	digital devices to accomplish given	recognise that some sources are more	
	goals	reliable than others	
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Singing	Singing	Singing	Singing
Sing songs with multiple parts with	Sing songs with multiple parts with	Sing songs with multiple parts with	Sing songs with multiple parts with
increasing confidence	increasing confidence	increasing confidence	increasing confidence

Use musical language to appraise a piece or style of music	Sing as part of an ensemble with confidence and precision Performing Play and perform in solo or ensemble contexts with confidence Play and perform in solo or ensemble contexts with increasing confidence	Listening Listen with direction to a range of high quality music Find the pulse within the context of different songs/music with ease Listen to and recall sounds with increasing aural memory Use musical language to appraise a piece or style of music Copy increasingly challenging rhythms using body percussion and untuned instruments where appropriate	Composing Develop an understanding of formal, written notation which includes crotchets and rests Develop an understanding of formal, written notation which includes minims and quavers
	R		
own and others' views on challenging questions about belonging, meaning, purpose and truth, applying ideas of their own in different forms including (e.g.) reasoning, music, art and poetry. Discuss and apply their own and others' ideas about ethical questions, including ideas about what is right and wrong and what is just and fair, and express their own ideas clearly in	beliefs, symbols and actions so that they can understand different ways of life and ways of expressing meaning. Understand the challenges of commitment to a community of faith or belief, suggesting why belonging to a community may be valuable, both in the diverse communities being studied and in their own lives.	between different features of the religions and worldviews they study, discovering more about celebrations, worship, pilgrimages and the rituals which mark important points in life, in order to reflect on their significance Describe and understand links between stories and other aspects of the communities they are investigating, responding thoughtfully	a journey? What significant experiences mark this? Recall and name some of the ways religions mark milestones of commitment (including marriage). Identify at least two promises made by believers at these ceremonies and say why they are important. Suggest why some people see life as a journey and identify some of the
response. What can we learn from religions about deciding what is right and wrong? Recall and talk about some rules for living in religious traditions. Find out at least two teachings from religions about how to live a good life.	Consider and apply ideas about ways in which diverse communities can live together for the wellbeing of all, responding thoughtfully to ideas about community, values and respect.	to a range of sources of wisdom and to beliefs and teachings that arise from them in different communities. Observe and understand varied examples of religions and worldviews so that they can explain, with reasons,	key milestones on this journey. Describe what happens in Christian, Jewish, and/or Hindu ceremonies of commitment and say what these rituals mean.

Give examples of rules for living from	Why are festivals important to religious	their meanings and significance to	Suggest reasons why marking the
religions and suggest ways in which	communities?	individuals and communities.	milestones of life are important to
they might help believers with difficult	Recognise and identify some		Christians, Hindus and/or
decisions.	differences between	Observe and consider different	Jewish people.
Make connections between stories of	religious festivals and other types of	dimensions of religion, so that they	Link up some questions and answers
temptation and why people can find it	celebrations.	can explore and show understanding	about how believers show
difficult to be good.	Retell some stories behind festivals	of similarities and differences within	commitment with their own ideas
Give examples of ways in which some	(e.g. Christmas, Divali, Pesach).	and between different religions and	about community, belonging and
inspirational people have been guided	Make connections between stories,	worldviews.	belief.
by their religion.	symbols and beliefs with what		Explain similarities and differences
Discuss their own and others' ideas	happens in at least two festivals .	What does it mean to be a	between ceremonies of
about how people decide right and	Ask questions and give ideas about	Hindu/Christian in Britain today?	commitment.
wrong.	what matters most to believers in	Identify and name examples of what	Discuss and present their own ideas
Explain some similarities and	festivals (e.g. Easter, Eid).	Christians/Hindus have and do in their	about the value and challenge of
differences between the codes for	Identify similarities and differences in	families and at church/Mandir to	religious commitment in
living used by Christians	the way festivals are celebrated within	show their faith).	Britain today.
and the followers of at least one other	and between religions .	Ask good questions about what	
religion or non-religious belief system.	Explore and suggest ideas about what	Christians/Hindus do to show their	
Express ideas about right and wrong,	is worth celebrating and remembering	faith.	
good and bad for themselves,	in religious communities and in their	Describe some examples of what	
including ideas about love,	own lives.	Christians/Hindus do to show their	
forgiveness, honesty, kindness and	Discuss and present their own	faith, and make connections with	
generosity.	responses about the	some Christian/Hindu beliefs and	
	role of festivals in the life of Britain	teachings.	
	today, showing their understanding of	Describe some ways in which Christian	
	the values and beliefs at the	express their faith through hymns and	
	heart of each festival studied, using a	modern worship songs.	
	variety of media.	Describe some ways in which Hindus	
	Suggest how and why religious	express their faith through puja, aarti	
	festivals are valuable	and bhajans.	
	to many people.	Suggest at least two reasons why	
		being a Christian/Hindu is a good thing	

		in Britain today, and two reasons why	
		it might be hard sometimes.	
		Discuss links between the actions of	
		Christians/Hindus in helping others	
		and ways in which people of	
		other faiths and beliefs, including	
		pupils themselves, help others.	
		Explain similarities and differences	
		between at least two different ways of	
		,	
		worshipping in two different Christian	
		churches.	
		Discuss and present ideas about what	
		it means to be a Christian in Britain	
		today, making links with their own	
		experiences.	
	PSI	HE	
Year 3	Year 3	Year 3	Year 3
Britain	Aiming High	Be Yourself	Money Matters
Describe what it is like to live in Britain.	Discuss their personal achievements and	List some of their achievements and say	Discuss where money comes from.
Talk about what democracy, rules and	skills.	why they are proud of them.	Talk about reasons people go to work.
laws are and why these are important.	Identify what a positive learning attitude	Identify facial expressions associated with	Discuss payment resources we can use
Talk about what liberty means.	is.	different feelings.	to spend money.
Describe a diverse society.	Talk about the range of jobs that people	Describe some strategies that they could	Consider why and how people might get
Describe what being British means to	do.	use to help them cope with	into debt.
them and others.	Discuss what skills and interests are	uncomfortable feelings.	Identify things they want and need.
Identify rights of British people.	needed for different jobs.	Suggest assertive solutions to scenarios.	Explain ways we can keep track of what
Show empathy for situations where	Talk about jobs they might like to do in	Explain that the messages they receive	we spend.
people are not living in a democracy.	the future.	from the media about how they should	Discuss some of the consequences of
Think about what society would be like	Discuss what skills they might need to do	look, think and behave are not always	debt.
without rules and laws.	certain jobs.	realistic.	Talk about the importance of prioritising
Explain in detail their own thoughts on	Identify skills and attributes that are	Suggest ways to make things right after a	our spending.
human rights.	useful in many roles.	mistake has been made.	Discuss advertisements that try to
numan nglits.	Identify elements of a growth mind-set.	Explain that mistakes help them to learn	influence what we buy.
Discuss why showing respect is important			
Discuss why showing respect is important.	Identify and challenge stereotypes.	and grow. Identify their own strengths.	Explain why it is important to keep track of what we spend.

Identify how respect of differing opinions and ideas to their own can be shown. Year 3 It's My Body Explain what happens if they don't sleep enough. Discuss what happens to muscles when we exercise them. Understand they can choose what happens to their body and know when a 'secret' should be shared. Explain that too much sugar is bad for health. Know the difference between medicine and harmful drugs and chemicals. Explain how germs travel and spread disease. List some of the effects of sleep deprivation. Explain the effect of exercise on the heart. Know how to get help for themselves or another in the case of serious problems. Explain why eating a balanced diet is important. Know how to check medicine instructions. Know how to inhibit the spread of germs. Describe how a bedtime routine improves the chance of a good night's sleep. Explain why muscles tremble when fatigued. Know the signs of serious problems. Explain why eating a rainbow of food increases minerals and micronutrient	Discuss goals they could set to work towards their ambitions. Discuss challenges many people face and how some people overcome these. Discuss the impact a growth mind-set can have on achieving our goals. Understand that our goals can change and explain why this might happen. Explain the impact of stereotypes and why they need to be challenged. Identify limitations to achieving goals and discuss how challenges can be overcome. Year 4 Respecting Rights Know what human rights are; Understand that all people share the same rights; Know about The Universal Declaration of Human Rights and the Declaration of the Rights of the Child; Know why we have rules and how they help us; Understand that no one should take away our human rights; Explain what respect means and understand how they can respect the rights of others; Describe what a stereotype is and understand how stereotypes	Explain that how they are feeling on the inside can affect their facial expressions and body language. Identify and begin to implement strategies to help them cope with uncomfortable feelings. Begin to demonstrate appropriately assertive behaviour. Analyse messages given by the media about how they should look, think and behave. Demonstrate how they are going to make things right after mistakes have been made. Explain what they have learnt and how they have grown from mistakes they have made. Discuss how they could use their strengths and achievements to set aspirational goals. Support others with their internal feelings according to their facial expressions and body language. Suggest strategies to others to help them cope with any uncomfortable feelings they may be experiencing Identify if behaviour is aggressive, passive or assertive. Discuss the impact on others of making amends after a mistake has been made.	Consider how people can try to avoid debt. Talk about how prioritising can lead to saving money for expenses we might need. Discuss why advertisements try to influence what we buy. Identify how keeping track of our spending can help us prioritise and save for other spending that we need to do. Year 3 TEAM Use pictures to express their thoughts, feelings and worries. Plan and create a role play about a team scenario. With support, read clues and work as a team to solve a crime. With support, identify a feeling and how it is being expressed. Show the resolution to a dispute through pictures and with the key words given. Use a word mat to create a list of 'Pass It On' ideas. Work with a partner to write down a change that has come with starting in Year 3. Create a role play about a team scenario. Read clues and work as a team to solve a crime
Know the signs of serious problems.	Describe what a stereotype is and		scenario.
		reproduction:	

Explain what different hazard signs mean.	Describe some of the changes boys go Show the resolution to a dispute	
Explain the difference between bacterial	through through pictures.	
and viral infections.	during puberty; Create a list of 'Pass It On' ideas.	
	Describe some of the changes girls go Discuss why we have worries and	
Year 4	through concerns at times of change.	
VIPS	during puberty; Discuss who would benefit in the tea	m
Discuss how our attitudes impact new	Describe some feelings young people	
friendships	might experience as Discuss the impact on resolving the crime if one team mate had not read	
being made;	they grow up; their clue. Recreate a feelings scenar	
Create a plan for being an anonymous	Talk about their own family and the using a freeze frame. Explain how a	10
friend over the	relationships within it; dispute can be resolved using picture	25
course of a week;	Understand that there are many and words.	
Reflect on the different characters in	different types of families; Analyse how their 'Pass It On' ideas	
the dares story and	Identify similarities and differences in would benefit their team and beyond	ł.
discuss the different outcomes for	different loving	
each character;	relationships; Year 4	
Work together to create a role play	Explain in simple terms how babies are One World	
about positive	made and how they Describe similarities and difference	es
resolution techniques;	are born.	
Create a poster with ideas to help	people's lives;	
someone who is	Identify opinions that are differen	t
being bullied.	from their own;	
Safety First	Express their own opinions;	
Discuss things they can do	Recognise that their actions impact	ct
independently that they used to need	on people in	
help with;	different countries;	
Describe what a dare is and identify	Know what climate change is;	
situations involving peer pressure;	Know there are organisations	
Know when to seek help in risky or	working to help people in	
dangerous situations;	challenging situations in other	
Identify and discuss some school rules	communities.	
for staying safe and healthy;	Think Positive	
	Understand that it is important to lo	ok
	after our mental health;	

List some of the dangers we face when we use the road; Describe drugs, cigarettes and alcohol in basic terms; Identify which information they should never share online; Identify who they should tell if they see something online that worries, upsets or confuses them; Explain what it means to be kind and respectful online			Recognise and describe a range of positive and negative emotions; Discuss changes people may experience in their lives and how they might make them feel; Talk about things that make them happy and help them to stay calm; Identify uncomfortable emotions and what can cause them; Discuss the characteristics of a good learner.
	Frer	nch	
Year 3	Year 3	Year 3	Year 3
Our School	All About Me	Getting to know you	Time
Listen and respond to topic vocabulary.	Give and respond to simple classroom	Say hello and goodbye.	Say and order the days of the week.
Demonstrate understanding with actions.	instructions appropriately.	Introduce themselves.	Say and order the months of the year.
Write sentences converting le/la to	Name parts of the body from a song.	Say if they are feeling good/bad/so-so.	Count on from 11-31.
un/une.	Identify colours.	Count to 10.	Say their own birthday.
Answer and ask questions using topic	Name items of clothing.	Say how old they aremost children will	Ask and answer questions about dates.
vocabulary.	Ask and answer questions using the topic	be able to.	Use simple past and present tenses.
From memory, begin to know if nouns	vocabulary.	Use different greetings for different	Recognise how some larger numbers are
from the topic are masculine or feminine.	Read and write simple words.	situations.	made by combining words for smaller
Use a dictionary to develop topic	Say that un/une relate to masculine &	Ask and answer simple questions for each	numbers.
vocabulary further.	feminine nouns.	topic area.	Ask other people for their birthday.
Write a sentence with an adverbial	Use a dictionary to develop topic vocabulary further.	Use vocabulary they have learnt elsewhere to develop their sentences.	Say today's date. Identify the correct language for
phrase.	vocabulary further.	Recognise there is a difference between	'yesterday' and 'tomorrow'
·	Year 3	formal and informal language.	yesteruay and tomorrow
Year 4			Veer 4
All around town	Food Glorious Food	Year 3	Year 4
Name some of the major cities of	Follow a story and join in the repeated		Holidays and Hobbies
	parts.	Family and Friends	Listen and respond to topic
France;	Say what foods from a set they like/dislike.	Identify and introduce some of their	vocabulary;
	Describe the colour or size of an object.	relations.	
	Describe the colour of size of all object.	Name some common pets.	

Identify and say typical amenities to be found in French towns; Say and order multiples of ten; Ask and give a simple address in French; Locate the correct part of a bilingual dictionary to translate from French- English or vice versa. On the move Name some types of transport; Use Je and Tu correctly in a simple sentence; Respond to simple instructions for direction and movement; Follow simple directions to find a place on a map.	Ask politely for something. Predict a repeated phrase. Make a range of simple statements by substituting vocabulary. Modify a colour adjective. Respond appropriately to a polite request. Recognise the correct determiner depending on gender/number. Select adjectives based on gender/number of nouns. Order sentences correctly. Year 4 Going Shopping Listen and respond to topic vocabulary. Answer questions using the topic vocabulary. Take part in role plays as shopper/shop keeper speaking in French. Greet and respond.	Recognise some rooms in their home. Consider whether nouns are masculine or feminine. Make new sentences by substituting other vocabulary appropriately. Use masculine/feminine articles and possessive pronouns. Year 4 Where in the World Listen and respond to topic vocabulary; Answer questions orally using the topic vocabulary; Write an answer in a sentence using the topic vocabulary; Use an English/French dictionary to translate from English to French What's the time? Say and write a sentence to tell the time (o'clock) Count in 5s in French to at least 30. Understand and use the terms avant and apres. Answer questions about a TV schedule.	Answer questions orally using the topic vocabulary; Write an answer in a sentence using the topic vocabulary; Present ideas and information orally to a range of audiences.
Use running, jumping, throwing and	Develop flexibility, strength,	Swim competently, confidently and	Develop flexibility, strength,
catching in isolation and in combination.	technique, control and balance through gymnastics.	proficiently over a distance of at least 25 metres.	technique, control and balance through athletics.

Play competitive games.	Perform dances using a range of movement patterns.	Use a range of strokes effectively.	Take part in outdoor and adventurous activity challenges both
Apply basic principles suitable for attacking and defending.		Perform safe self-rescue in different water-based situations.	individually and within a team.
			Compare their performances with previous ones and demonstrate improvement to achieve personal best.
	Education	nal visits	
Leicester Jewry Wall Museum	Science trip?	New Walk Museum - Egyptian section/workshop	Volcano science trip
	RE trip. Place of worship/Krishna Avanti School Leicester		

Cycle B 2021/2022

Autumn Term 1	Autumn Term 2	Spring Term	Summer Term
Topic 1	Topic 2	Topic 3	Topic 4
Stones and Bones	Invasion	War of the Roses	Rainforest Explorer
E- Teamwork	Y- Resilience	B- Creativity	A-Respect
G- Positivity	D-Curiosity	D- Aspirations	S- Resourcefulness
	Eng	glish	
Stone Age Boy by Satoshi Kitamura	1. There's a Viking in my Bed Jeremy	The Fox and the Ghost King by Michael	Where the Forest Meets the Sea by
Stig of the dump by Clive	Strong	Morpurgo	Jeannie Baker
Other texts:	2. Beowulf – kids version	I was there Richard 111 by Stuart Hill	The Vanishing Rainforest by Richard
Cave Baby			Plat
How to wash a Woolly Mammoth			Other texts:
Little Nut series			Rainforest explorer
			The rainforest grew all around
			Voices of the rainforest
Narrative	Recount - Newspaper report	Non- chronological reports	Poetry (year 3 Haiku and
Instructions	Recount - diary	Narrative	onomatopoeia and year 4 Limericks
Explanation	Non-chronological reports		and free verse)
			Blogs
			Persuasion
	Ma	ths	
Year 3	Year 3	Year 3	Year 3
Place value	Length / perimeter	Fractions	Money/ decimals
Addition / Subtraction	Multiplication and division	Time	Statistics
Year 4	Year 4	Shape	(shape)
Place value	Multiplication and division	Year 4	Year 4
Addition subtraction	Area and perimeter	Fractions and decimals	Statistics
		Money	Shape
	Scie	ence	

Rocks and Fossils	Light	Animals Including - Humans Skeletons	Plants
Forces and Magnets	Recognise that he/she needs light in	and muscles	Identify and describe the functions of
Compare and group together different	order to see things and that dark is the	Sound	different parts of flowering plants:
kinds of rocks on the basis of their appearance and simple physical	absence of light.	Identify how sounds are made, associating some of them with	roots, stem/trunk, leaves and flowers
properties.	Notice that light is reflected from surfaces.	something vibrating.	Explore and describe the requirements of plants for life and
Describe in simple terms how fossils		Recognise that vibrations from sounds	growth (air, light, water, nutrients
are formed when things that have lived are trapped within rock.	Recognise that light from the sun can be dangerous and that there are ways	travel through a medium to the ear.	from soil, and room to grow) and how they vary from plant to plant
	to protect eyes.	Recognise that vibrations from sounds	
Gather, record, classify and present		travel through a medium to the ear.	Investigate the way in which water is
data in a variety of ways to help in	Recognise that shadows are formed		transported within plants
answering questions	when the light from a light source is	Find patterns between the pitch of a	
	blocked by a solid object.	sound and features of the object that	Explore the part that flowers play in
Recognise that soils are made from		produced it.	the life cycle of flowering plants,
rocks and organic matter.	Find patterns in the way that the size		including pollination, seed formation
	of shadows change.	Find patterns between the volume of	and seed dispersal
Compare how things move on		a sound and the strength of the	
different surfaces.	Set up simple practical enquiries, comparative and fair tests.	vibrations that produced it.	Construct and interpret a variety of food chains, identifying producers,
Notice that some forces need contact		Recognise that sounds get fainter as	predators and prey.
between two objects, but magnetic	Make systematic and careful	the distance from the sound source	
forces can act at a distance.	observations and, where appropriate,	increases.	Record findings using simple
	take accurate measurements using		scientific language, drawings,
Observe how magnets attract or repel	standard units, using a range of	Use results to draw simple	labelled diagrams, keys, bar charts,
each other and attract some materials	equipment.	conclusions, make predictions for new	and tables.
and not others.		values, suggest improvements and	
	Report on findings from enquiries,	raise further questions	
Compare and group together a variety	including oral and written		
of everyday materials on the basis of	explanations, displays or presentations	Identify that humans and some other	
whether they are attracted to a	of results and conclusions.	animals have skeletons and muscles	

magnet, and identify some magnetic materials.		for support, protection and movement.	
Describe magnets as having two poles.			
Predict whether two magnets will attract or repel each other, depending on which poles are facing.			
	Hist		
Use an increasing range of common words and phrases relating to the passing of time.	Understand that sources can contradict each other. Communicate his/her learning in an	Ask and answer questions, choosing and using parts of stories and other sources to show that he/she knows and understands key features of	
Place some historical periods in a chronological framework. (Chronological understanding)	organised and structured way, using appropriate terminology.	events Use sources of information in ways	
Use historic terms related to the period of study- Palaeolithic,		that go beyond simple observations to answer questions about the past.	
Mesolithic, Neolithic Ask and answer questions, choosing and using parts of stories and other sources to show that he/she knows		Show understanding of some of the ways in which we find out about the past and identify different ways in which it is represented	
and understands key features of events- Skara Brae Show understanding of some of the		Use a variety of resources to find out about aspects of life in the past.	
ways in which we find out about the past and identify different ways in which it is represented			
Use a variety of resources to find out about aspects of life in the past. (Historical enquiry)			

	Geog	raphy	
Understand the effect of landscape features on the development of a locality. (Human and physical geography)	GeogrRecognise the different shapes of continents. (Locational knowledge)Recognise the similarities and differences between Great Britain, the Uk and the British Isles.Name and locate the cities of the UK. (Locational knowledge)Explain about weather conditions / patterns around the UK and parts of Europe. (Human and physical geography)Ask and answer geographical questions, e.g. Describe the landscape. Why is it like this? How have people 	raphy Make plans and maps using symbols and keys.(Leicester, Bosworth Battlefield) (Geographical skills and fieldwork) Name and locate the cities of the UK. (Locational knowledge) Draw accurate maps with more complex keys. Make more detailed fieldwork sketches/diagrams.	 Explore weather patterns around parts of the world. (Human and physical geography. Recognise that people have differing quality of life living in different locations and environments. (Locational knowledge) Describe and understand key aspects of Rainforest systems and the impact of human activity. Recognise that different people hold different views about an issue and can begin to understand some of the reasons why. (Geographical skills and fieldwork) Describe how people have been affected by changes in the environment. (Human and physical geography) Explain about key natural resources e.g. water in the locality. (Human and physical geography)
			Ask and answer geographical questions, e.g. Describe the landscape. Why is it like this? How

			have people affected what it looks like? What do you think about that? What do you think it might be like ifcontinues?. Communicate findings in appropriate ways to the task or for the audience.
	Art/		
Create different effects by using a	Experiment with different materials to	Printing - Create printing blocks using	Fabric - Add detail to work using
variety of tools and techniques-	create a range of effects and use these	relief or impressed techniques	different types of stitch, including cross-stitch
shading and shapes	techniques in the completed piece of work- animal skin/ fur	Describe some of the key ideas, techniques and working practices of	Print on fabrics using tie-dyes or
Understand and identify key aspects		artists, architects and designers who	batik
such as complementary colours,	Explain what he/she likes or dislikes	he/she has studied	Describe some of the key ideas,
colour as tone, warm and cold colours	about their work	Creating mood relating to Howard	techniques and working practices of
		Carter story	artists Hokusai / the great wave book
Know about some of the great	Create different effects by using a	Use taught technical skills to adapt	DT
architects and designers in history and	variety of tools and techniques such as	and improve his/her work- 3D models	Create designs using annotated
describe their work- Roman houses ,	bleeds, washes, scratches and	Mother's day – Egyptian jewellery	sketches, cross-sectional diagrams –
weapons, fashion, chariots, mosaics	splashes	Articulate how he/she might improve	sewing and clay
and coins		their work using technical terms and	Safely measure, mark out, cut,
	Understand and identify key aspects	reasons as a matter of routine	assemble and join – sewing and clay
Explain what he/she likes or dislikes about their work	such as complementary colours,	DT	Investigate and analyse existing
	colour as tone, warm and cold colours	Talk about the different food groups and name foods from each group.	products and those he/she has made, - Egyptian necklace
DT	Creating mood by selecting colour-	and hame loous nom each group.	Consider how existing products and
Understand and use electrical systems	water colours		his/her own finished products might
in products- sci link			be improved Egyptian necklace
Create designs using annotated	DT		Use knowledge of existing products
sketches- roman mosaics	Understand that food has to be		to design his/her own Egyptian
Safely measure, mark out, cut,	grown, farmed or caught in Europe		necklace
assemble and join with some accuracy	and the wider world.		Make suitable choices from a wider
mosaics/ shields			range of tools and unfamiliar

Use knowledge of existing products to design a functional and appealing product for a particular purpose and audience.	Understand seasonality and the advantages of eating seasonally and locally produced food.		materials and plan out the main stages of using them- sewing
	IC	T	
E-Safety	Computers	Networks	Coding
Use technology safely and respectfully,	Recognise familiar forms of input and	Understand that computer networks	Design, write and debug programs
keeping personal information private	output devices and how they are used	enable the sharing of data and information	that control or simulate virtual events
Use technology safely and recognise	Make efficient use of familiar forms of		
acceptable and unacceptable behaviour	input and output devices Use other input devices such as	Understand that the internet is a large network of computers and that information can be shared between	Use logical reasoning to explain how some simple algorithms work
Use technology responsibly and	cameras or sensors	computers	Decompose programs into smaller
understand that communication			parts
online may be seen by others	Using a computer	Understand what servers are and how	
		they provide services to a network	Use logical reasoning to detect and
Understand where to go for help and	With support select and use a variety		correct errors in algorithms and
support when he/she has concerns about content or contact on the	of software to accomplish goals	Internet searching	programs
internet or other online technologies	With support select and use a variety	Understand how results are selected	Select, use and combine a variety of
	of software on a range of digital devices	and ranked by search engines	software, systems and content that accomplish given goals
		Use simple search technologies	
	With support select, use and combine		
	a variety of software on a range of	Use simple search technologies and	
	digital devices to accomplish given	recognise that some sources are more	
	goals	reliable than others	
	Mu	sic	
Singing	Singing	Singing	Singing
Sing songs with multiple parts with	Sing songs with multiple parts with	Sing songs with multiple parts with	Sing songs with multiple parts with
increasing confidence – Stone Age rap	increasing confidence	increasing confidence	increasing confidence
		Listening	Composing

Use musical language to appraise a piece or style of music	Sing as part of an ensemble with confidence and precision Performing Play and perform in solo or ensemble contexts with confidence Play and perform in solo or ensemble contexts with increasing confidence	Listen with direction to a range of high quality music Find the pulse within the context of different songs/music with ease Listen to and recall sounds with increasing aural memory Use musical language to appraise a piece or style of music Copy increasingly challenging rhythms using body percussion and untuned instruments where appropriate	Develop an understanding of formal, written notation which includes crotchets and rests Develop an understanding of formal, written notation which includes minims and quavers
	R	Ē	
between different features of the religions and worldviews they study, discovering more about celebrations, worship, pilgrimages and the rituals which mark important points in life, in order to reflect on their significance Explore and describe a range of beliefs, symbols and actions so that they can understand different ways of life and ways of expressing meaning.	Christians today? Recall and name some Bible stories that inspire Christians. Identify at least two ways Christians use the Bible in everyday life. Make connections between stories in the Bible and what Christians believe about creation, the Fall and salvation. Give examples of how and suggest reasons why Christians use the Bible	between stories and other aspects of the communities they are investigating, responding thoughtfully to a range of sources of wisdom and to beliefs and teachings that arise from them in different communities Discuss and present thoughtfully their own and others' views on challenging questions about belonging, meaning, purpose and truth, applying ideas of their own in different forms including	others' ideas about ethical questions, including ideas about what is right and wrong and what is just and fair, and express their own ideas clearly in response. Why do people pray? Describe what some believers say and do when they pray. Respond thoughtfully to examples of how praying helps religious believers. Describe the practice of prayer in the
Consider and apply ideas about ways in which diverse communities can live together for the wellbeing of all, responding thoughtfully to ideas about community, values and respect.	today. Describe some ways Christians say God is like, with examples from the Bible, using different forms of expression. Discuss their own and others' ideas about why humans do bad things and how	 (e.g.) reasoning, music, art and poetry. Why is Jesus inspiring to some people? Ask questions raised by the stories and life of Jesus and followers today, and give examples of how Christians are inspired by Jesus. 	Describe the practice of prayer in the religions studied. Make connections between what people believe about prayer and what they do when they pray. Describe ways in which prayer can comfort and challenge believers.

What do different people believe about	people try to put things right .	Suggest some ideas about good ways	Describe and comment on
God?	Explain how the Bible uses different	to treat	similarities and differences between
Identify beliefs about God that are	kinds of stories to tell a big story .	others, arising from their learning.	how Christians, Muslims and Hindus
held by Christians, Hindus and/or	Suggest why Christians believe that	Make connections between some of	pray.
Muslims.	God	Jesus' teachings and the way	Explain similarities and differences
Retell and suggest the meanings of	needs to rescue/save human beings	Christians live today .	between how people pray.
stories from sacred texts about people	(B2).	Describe how Christians celebrate	Consider and evaluate the
who encountered		Holy Week and Easter Sunday.	significance of prayer
God.		identify the most important parts of	in the lives of people today.
Describe some of the ways in which		Easter for Christians and say why they	
Christians Hindus and/or Muslims		are important.	
describe God.		Give simple definitions of some key	
Ask questions and suggest some of		Christian terms (e.g. gospel,	
their own responses to ideas about		incarnation, salvation) and	
God.		illustrate them with events from Holy	
Suggest why having a faith or belief in		Week and Easter.	
something can be hard.		Make connections between the Easter	
Identify how and say why it makes a		story of Jesus and the wider 'big story'	
difference in people's lives to believe		of the Bible.	
in God.		(creation, the Fall, incarnation,	
Identify some similarities and		salvation), reflecting on why this	
differences between ideas about what		inspires Christians.	
God is like in different religions.		Present their own ideas about the	
Discuss and present their own ideas		most important attitudes and values	
about why there are many ideas about		to have today, making links with	
God and express		Christian values.	
their own understanding of God			
through words, symbols and the arts.			
	PS		
Year 3	Year 3	Year 3	Year 3
Britain	Aiming High	Be Yourself	Money Matters
Describe what it is like to live in Britain.	Discuss their personal achievements and	List some of their achievements and say	Discuss where money comes from.
	skills.	why they are proud of them.	Talk about reasons people go to work.

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Talk about what democracy, rules and	Identify what a positive learning attitude	Identify facial expressions associated with	Discuss payment resources we can use
laws are and why these are important.	is.	different feelings.	to spend money.
Talk about what liberty means.	Talk about the range of jobs that people	Describe some strategies that they could	Consider why and how people might get
Describe a diverse society.	do.	use to help them cope with	into debt.
Describe what being British means to	Discuss what skills and interests are	uncomfortable feelings.	Identify things they want and need.
them and others.	needed for different jobs.	Suggest assertive solutions to scenarios.	Explain ways we can keep track of what
Identify rights of British people.	Talk about jobs they might like to do in	Explain that the messages they receive	we spend.
Show empathy for situations where	the future.	from the media about how they should	Discuss some of the consequences of
people are not living in a democracy.	Discuss what skills they might need to do	look, think and behave are not always	debt.
Think about what society would be like	certain jobs.	realistic.	Talk about the importance of prioritising
without rules and laws.	Identify skills and attributes that are	Suggest ways to make things right after a	our spending.
	useful in many roles.	mistake has been made.	Discuss advertisements that try to
Explain in detail their own thoughts on	Identify elements of a growth mind-set.	Explain that mistakes help them to learn	influence what we buy.
human rights.	Identify and challenge stereotypes.	and grow.	Explain why it is important to keep track
Discuss why showing respect is important.	Discuss goals they could set to work	Identify their own strengths.	of what we spend.
Identify how respect of differing opinions	towards their ambitions.	Explain that how they are feeling on the	Consider how people can try to avoid
and ideas to their own can be shown.	Discuss challenges many people face and	inside can affect their facial expressions	debt.
Year 3	how some people overcome these.	and body language.	Talk about how prioritising can lead to
It's My Body	Discuss the impact a growth mind-set can	Identify and begin to implement	saving money for expenses we might
Explain what happens if they don't sleep	have on achieving our goals.	strategies to help them cope with	need.
enough.	Understand that our goals can change and	uncomfortable feelings.	Discuss why advertisements try to
Discuss what happens to muscles when	explain why this might happen.	Begin to demonstrate appropriately	influence what we buy.
we exercise them.	Explain the impact of stereotypes and why	assertive behaviour.	Identify how keeping track of our
Understand they can choose what	they need to be challenged.	Analyse messages given by the media	spending can help us prioritise and save
happens to their body and know when a	Identify limitations to achieving goals and	about how they should look, think and	for other spending that we need to do.
'secret' should be shared.	discuss how challenges can be overcome.	behave.	
Explain that too much sugar is bad for		Demonstrate how they are going to make	Year 3
health.	Year 4	things right after mistakes have been	TEAM
Know the difference between medicine	Respecting Rights	made.	Use pictures to express their thoughts,
and harmful drugs and chemicals.	Know what human rights are;	Explain what they have learnt and how	feelings and worries.
Explain how germs travel and spread	Understand that all people share the	they have grown from mistakes they have	Plan and create a role play about a team
disease.	same rights;	made.	scenario.
List some of the effects of sleep	Know about The Universal Declaration	Discuss how they could use their	With support, read clues and work as a
deprivation.	of Human Rights and	strengths and achievements to set	team to solve a crime.
Explain the effect of exercise on the heart.	the Declaration of the Rights of the	aspirational goals.	With support, identify a feeling and how
	Child;		it is being expressed.
	Child,		. .

Know how to get help for themselves or	Know why we have rules and how they	Support others with their internal feelings	Show the resolution to a dispute
another in the case of serious problems.	help us;	according to their facial expressions and	through pictures and with the key words
Explain why eating a balanced diet is	Understand that no one should take	body language.	given.
important.	away our human rights;	Suggest strategies to others to help them	Use a word mat to create a list of 'Pass It
Know how to check medicine instructions.	Explain what respect means and	cope with any uncomfortable feelings	On' ideas.
Know how to inhibit the spread of germs.	understand how they can	they may be experiencing	Work with a partner to write down a
Describe how a bedtime routine improves	respect the rights of others;	Identify if behaviour is aggressive, passive	change that has come with starting in
the chance of a good night's sleep.	Describe what a stereotype is and	or assertive.	Year 3.
Explain why muscles tremble when	understand how stereotypes	Discuss the impact on others of making	Create a role play about a team
fatigued.	,,	amends after a mistake has been made.	scenario.
Know the signs of serious problems.	can be harmful		Read clues and work as a team to solve a
Explain why eating a rainbow of food		Year 4	crime.
increases minerals and micronutrient		Growing up	Identify a feeling and how it is
intake.		Name the main male and female body	expressed.
Explain what different hazard signs mean.		parts needed for	Show the resolution to a dispute
Explain the difference between bacterial		reproduction;	through pictures.
and viral infections.		Describe some of the changes boys go	Create a list of 'Pass It On' ideas.
		through	Discuss why we have worries and
Year 4		during puberty;	concerns at times of change. Discuss who would benefit in the team
VIPS		Describe some of the changes girls go	scenarios acted out in role play.
Discuss how our attitudes impact new		through	Discuss the impact on resolving the
friendships		during puberty;	crime if one team mate had not read
being made;			their clue. Recreate a feelings scenario
Create a plan for being an anonymous		Describe some feelings young people	using a freeze frame. Explain how a
friend over the		might experience as	dispute can be resolved using pictures
course of a week;		they grow up;	and words.
Reflect on the different characters in		Talk about their own family and the	Analyse how their 'Pass It On' ideas
the dares story and		relationships within it;	would benefit their team and beyond.
discuss the different outcomes for		Understand that there are many	would benefit their team and beyond.
		different types of families;	Year 4
each character;		Identify similarities and differences in	
Work together to create a role play		different loving	One World
about positive		relationships;	Describe similarities and differences
resolution techniques;		Explain in simple terms how babies are	between
Create a poster with ideas to help		made and how they	people's lives;
someone who is			

being bullied. Safety First Discuss things they can do independently that they used to need		are born.	Identify opinions that are different from their own; Express their own opinions; Recognise that their actions impact		
help with; Describe what a dare is and identify			on people in different countries;		
situations involving peer pressure;			Know what climate change is;		
Know when to seek help in risky or			Know there are organisations		
dangerous situations;			working to help people in		
Identify and discuss some school rules			challenging situations in other		
for staying safe and healthy;			communities.		
List some of the dangers we face when			Think Positive		
we use the road; Describe drugs, cigarettes and alcohol			Understand that it is important to look after our mental health;		
in basic terms;			Recognise and describe a range of		
Identify which information they should			positive and negative emotions;		
never share online;			Discuss changes people may experience in their lives and how they might make		
Identify who they should tell if they			them feel;		
see something online that worries,			Talk about things that make them		
upsets or confuses them;			happy and help them to stay calm;		
Explain what it means to be kind and			Identify uncomfortable emotions and		
respectful online			what can cause them;		
			Discuss the characteristics of a good		
			learner.		
French					
Year 3 Our School	Year 3	Year 3	Year 3		
Listen and respond to topic vocabulary.	All About Me	Getting to know you	Time		
Demonstrate understanding with actions.	Give and respond to simple classroom	Say hello and goodbye.	Say and order the days of the week.		
Write sentences converting le/la to	instructions appropriately. Name parts of the body from a song.	Introduce themselves. Say if they are feeling good/bad/so-so.	Say and order the months of the year. Count on from 11-31.		
un/une.	Identify colours.	Count to 10.	Say their own birthday.		
Answer and ask questions using topic	Name items of clothing.	Say how old they aremost children will	Ask and answer questions about dates.		
vocabulary.	Ask and answer questions using the topic vocabulary.	be able to.	Use simple past and present tenses.		

From memory, begin to know if nouns	Read and write simple words.	Use different greetings for different	Recognise how some larger numbers are
from the topic are masculine or feminine.	Say that un/une relate to masculine &	situations.	made by combining words for smaller
Use a dictionary to develop topic	feminine nouns.	Ask and answer simple questions for each	numbers.
vocabulary further.	Use a dictionary to develop topic	topic area.	Ask other people for their birthday.
Write a sentence with an adverbial	vocabulary further.	Use vocabulary they have learnt	Say today's date.
		elsewhere to develop their sentences.	Identify the correct language for
phrase.	Year 3	Recognise there is a difference between	'yesterday' and 'tomorrow'
	Food Glorious Food	formal and informal language.	,,
Year 4	Follow a story and join in the repeated	6 6	Year 4
All around town	parts.	Year 3	Holidays and Hobbies
Name some of the major cities of	Say what foods from a set they	Family and Friends	Listen and respond to topic
France;	like/dislike.	Identify and introduce some of their	vocabulary;
Identify and say typical amenities to	Describe the colour or size of an object.	relations.	
be found in French towns;	Ask politely for something.	Name some common pets.	Answer questions orally using the
Say and order multiples of ten;	Predict a repeated phrase.	Recognise some rooms in their home.	topic vocabulary;
Ask and give a simple address in	Make a range of simple statements by	Consider whether nouns are masculine or	Write an answer in a sentence using
French;	substituting vocabulary.	feminine.	the topic vocabulary;
Locate the correct part of a bilingual	Modify a colour adjective.	Make new sentences by substituting other	Present ideas and information orally
dictionary to translate from French-	Respond appropriately to a polite	vocabulary appropriately.	to a range of audiences.
English or vice versa.	request.	Use masculine/feminine articles and	
	Recognise the correct determiner	possessive pronouns.	
On the move	depending on gender/number.		
Name some types of transport;	Select adjectives based on	Year 4	
Use Je and Tu correctly in a simple	gender/number of nouns.	Where in the World	
sentence;	Order sentences correctly.	Listen and respond to topic	
Respond to simple instructions for		vocabulary;	
direction and movement;		Answer questions orally using the	
,	Year 4	topic vocabulary;	
Follow simple directions to find a place	Going Shopping	Write an answer in a sentence using	
on a map.	Listen and respond to topic	the topic vocabulary;	
	vocabulary.	Use an English/French dictionary to	
	Answer questions using the topic	translate from English to French	
	vocabulary.	What's the time?	
		Say and write a sentence to tell the	
		time (o'clock)	

	Take part in role plays as shopper/shop keeper speaking in French. Greet and respond.	Count in 5s in French to at least 30. Understand and use the terms avant and apres. Answer questions about a TV schedule.				
PE						
Use running, jumping, throwing and catching in isolation and in combination. Play competitive games. Apply basic principles suitable for attacking and defending.	Develop flexibility, strength, technique, control and balance through gymnastics. Perform dances using a range of movement patterns.	Swim competently, confidently and proficiently over a distance of at least 25 metres. Use a range of strokes effectively. Perform safe self-rescue in different water-based situations.	Develop flexibility, strength, technique, control and balance through athletics. Take part in outdoor and adventurous activity challenges both individually and within a team. Compare their performances with previous ones and demonstrate improvement to achieve personal best.			
Educational visits						
Stone Age Workshop – Dr Ian Parker Heath	Jorvik Viking Centre Viking Workshop	Bosworth Battlefields King Richard 111 Centre	Leicester Botanic gardens			
	RE trip. Place of worship/ Krishna Avanti School Leicester					