



Gaddesby Primary School



Ashby Road, Gaddesby, Leicester, LE7 4WF,

Telephone: 01664 840253 E-mail: office@gaddesby.bepschools.org

Website: www.gaddesby.leics.sch.uk

Headteacher: Mr Leigh Fox

Year 1-6 Yoga & Mindfulness Club

Friday 8th October 2021

Dear Parents,

Our Yoga & Mindfulness Club for children in years 1-6 will begin on Thursday 28th October. Mrs Meredith will be leading the club and it will be limited to 20 children.

How does my child sign up for the club?

To sign up for the club you will need to access the club through the Arbor app. The club will be live on the Arbor app from 7:30pm on Monday evening, 11th October, and places will be filled on a first come first served basis. If Arbor won't allow you to complete the booking it means the club is full. All communication for the club will come through your Arbor App.

How much will the club cost?

This club will be free of charge.

When will the club take place?

The club will run from straight after school until 4:00pm.

The club will last for 6 weeks – Beginning on Thursday 28th October and ending on Thursday 2nd December.

What kit will my child need?

Your child won't need any kit to do this club, we will be in bare feet.

If your child has an inhaler, this must be with them during the club (school will organise this).

It would also be a good idea for your child to bring an extra drink on this day.

Where do I collect my child from?

Children are to be collected at 4:00pm from the school entrance.

Yours sincerely

Mrs Meredith
Year 1 & EYFS Teacher

