

## **Gaddesby Primary School**

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## **Cross Country Races**

Years 3-6 Prestwold Hall 2022

Wednesday 31<sup>st</sup> August 2022

There are a series of cross-country races coming up this Autumn at Prestwold Hall near Barrow Upon Soar. There are 3 dates which are all Saturday mornings;

Saturday 10<sup>th</sup> September 2022 Saturday 29<sup>th</sup> October 2022 Saturday 26<sup>th</sup> November 2022

## **Race times**

Race 1 – Year 3 girls – <b>10:15</b>	Race 2 – Year 3 boys – <b>10:30</b>
Race 3 – Year 4 girls – <b>10:45</b>	Race 4 – Year 4 boys – <b>11:00</b>
Race 5 – Year 5 girls – <b>11:30</b>	Race 6 – Year 5 boys – <b>11:45</b>
Race 7 – Year 6 girls – <b>12:00</b>	Race 8 – Year 6 boys – <b>12:15</b>

## <u>Year 3 – 1200m</u> <u>Year 4 – 1500m</u> <u>Year 5 – 1800m</u> <u>Year 6 – 2km</u>

Please arrive at least 45 minutes before your race to allow time for parking, warm up and registration. Car parking usually costs around £5. This money helps to fund the event.

Races are large with possibly over 200 children in each race. Parents are responsible for the children they take, please be aware there could be over a 1000 people there! Gaddesby staff will be at every race.

The children will need clothing suitable for the weather and can take drinks and snacks to keep them going. They may get very muddy! Refreshments are often on sale at the event. Running spikes are permitted only in years 5 and 6. Football boots may be worn for all age groups, but **only** those with moulded studs. If it is wet these are a very good idea!

Look for the Gaddesby flag to let us know you have arrived. Our staff will be there when you arrive at the first race. We will give out race t-shirts on the Friday of the race – please return clean to Mrs Dewick as soon as possible.

More details about these events are available at **www.funtorun.co.uk/lxc** including maps to find the event and details of course distances.

If your child would like to run in these races please sign up through your Arbor app to let us know.

**Yours Sincerely** 

Mr Fox

