

Autumn Menu 2023



| | | Monday | Tuesday | Wednesday | Thursday | Friday |
|--|------------|--|--|--|---|---|
| Week One 28.08.23 18.09.23 09.10.23 | Option 1 | Cheese & Tomato Pizza with Wedges | Beef Lasagne with Garlic Bread | Roast of the Day, Roast Potatoes & Gravy | Quirky Bird BBQ or Lemon & Herb Chicken or Vegan Quorn with Jollof Rice & Salads | Fishfingers with Chips & Tomato Sauce |
| | Option 2 | Crunchy Topped Vegetable Bake with New Potatoes | Wholemeal Vegetable Pasta Bake | NEW Sweet Potato & Spinach Flan with Roast Potatoes | | Mexican Bean Roll with Chips & Tomato Sauce |
| | Vegetables | Mixed Salad Coleslaw | Vegetables of the Day | Vegetables of the Day | Vegetables of the Day | Peas Baked Beans |
| | Dessert | NEW Syrup Snap Biscuit | Fruit Jelly with Mandarins | Freshly Chopped Fruit Salad | Iced Vanilla Sponge | Oaty Cookie |
| Or a choice of Yoghurt & Fresh Fruit available daily | | | | | | |
| Week Two 04.09.23 25.09.23 | Option 1 | Mac and Cheese Concept | Pork Sausage Hot Dog with Potato Wedges | Minced Beef & Onion Pie with Roast Potatoes | Chef's Special Chicken Korma with Rice | Fishfingers or Salmon Fishfingers with Chips & Tomato Sauce |
| | Option 2 | A choice of different Mac & Cheese flavours, with meat & vegetarian toppings | Vegan Sausage Hot Dog with Potato Wedges | Potato and Courgette Layer Bake | Vegetable Wellington with New Potatoes & Gravy | NEW BEET Burger with Chips & Tomato Sauce |
| | Vegetables | Vegetables of the Day | Vegetables of the Day | Vegetables of the Day | Vegetables of the Day | Peas Baked Beans |
| | Dessert | Summer Lemon Cake | Chocolate Shortbread | Fruit Medley | Peach Crumble with Cream | Vanilla Shortbread |
| Or a choice of Yoghurt & Fresh Fruit available daily | | | | | | |
| Week Three 11.09.23 02.10.23 | Option 1 | Creamy Chicken Pasta Bake | Spaghetti Bolognese | Roast of the Day, Roast Potatoes, Stuffing & Gravy | NEW Greek Chicken Pita with Seasoned Wedges or NEW Spinach & Cheese Parcel with Seasoned Wedges | Fishfingers with Chips & Tomato Sauce |
| | Option 2 | Creamy Vegetable Pasta Bake | Vegan Spaghetti Bolognese | Vegan Quorn with Stuffing, Roast Potatoes & Gravy | | Cheese & Red Pepper Frittata with Chips & Tomato Sauce |
| | Vegetables | Vegetables of the Day | Vegetables of the Day | Vegetables of the Day | Fresh Salad Rainbow Slaw | Peas Baked Beans |
| | Dessert | Peaches with Ice Cream | Carrot & Courgette Cake | Fruit Platter | Apple Flapjack | NEW Cornflake Tart |
| Or a choice of Yoghurt & Fresh Fruit available daily | | | | | | |

Available Daily:

- Freshly cooked jacket potatoes with a choice of fillings (where advertised)
- Bread freshly baked on site daily
- Daily salad selection

ALLERGY INFORMATION:
If you would like to know about particular allergens in foods please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.